

DINNER

FALL | MONDAY & THURSDAY



See over 500 recipes on our Nourish blog.



BEGINNINGS

Oro Ensalada 🌱
chilled achiote shrimp, panca crab, carrot, romaine lettuce, pickled onions, radish, avocado tahini
GF 154 . 15 . 18 . 2 . 3 . 333
Shellfish . Onion . Garlic . Sesame . Seeds . Coconut

Harvest Beets & Bleu Cheese
roasted red beets, Belgium endive, whipped goat & bleu cheese, pear, toasted hazelnut
GF 179 . 20 . 6 . 8 . 4 . 264
Tree Nuts . Milk

Roasted Brussels & Esquites Salad
shaved Brussels sprouts, fire grilled corn, cotija cheese, chipotle dressing, and pickled onions
GF 138 . 20 . 5 . 6 . 5 . 148
Milk . Egg . Garlic . Onion

The Rachel Green Salad
quinoa, chickpeas, cucumber, sweet peppers red onion, fresh herbs, lemon juice, vegan feta
GF . V 199 . 19 . 7 . 11 . 4 . 298
Tree Nuts . Onion . Coconut

Steamed Edamame 🌱
yuzu-togarashi dipping sauce
GF . V 166 . 14 . 15 . 7 . 5 . 287
Soy . Sesame . Seeds . Garlic

Prickly Pear Glazed Albondigas
grass-fed beef and chicken chorizo meatballs roasted peppers & nopales, cotija cheese
GF 181 . 20 . 14 . 6 . 3 . 246
Milk . Egg . Garlic . Onion

Faroe Island Salmon Ceviche*
delicate salmon marinated in leche de tigre with black tahini aioli and puffed rice chips
GF 199 . 18 . 14 . 8 . 3 . 192
Fish . Soy . Egg . Sesame . Seeds . Garlic . Onion

Soup of the Day
ask your server

Vegetarian Chili
GF . V 116 . 20 . 5 . 2 . 5 . 277
Garlic . Onion

Chicken Bone Broth
GF 28 . 1 . 2 . 1 . tr . 211
Onion

CHEF’S DAILY SELECTIONS

Black Bean Noodle Pad Thai
black bean fettuccini, crispy tofu, carrots onions, tangy chili peanut sauce, toasted peanuts
GF . V 489 . 60 . 37 . 16 . 22 . 418
Peanuts . Soy . Garlic . Onion

Lobster & Black Pepper Gnudi
Maine lobster paired with roasted wild mushrooms, black pepper gnudi and broccoli sautéed with garlic
401 . 40 . 31 . 14 . 9 . 733
Shellfish . Wheat . Milk . Egg . Garlic

Jerk-Style Roasted Chicken 🌱
cilantro-lime farro, roasted sweet potato, guava-allspice glaze
495 . 58 . 31 . 16 . 8 . 609
Wheat . Soy . Garlic . Onion

VAQUERO ACTION STATION

PASTA + CHEF’S SPOTLIGHT - Vegetarian Lasagna & Beef Bolognese Lasagna

Visit the Vaquero Action Station to enjoy pasta, tossed to order with your choice of seasonal sauces and mix-ins.

CRAFT YOUR OWN DISH

Savor a variety of flavors and create a plate tailored to your taste and nutritional needs.

PROTEINS

Tofu Katsu
roasted red pepper curry
GF . V 191 . 17 . 15 . 8 . 8 . 199
Soy . Coconut . Onion

Grilled Eggplant Cannelloni
plant-based ricotta and lentil bolognese
GF . V 187 . 24 . 17 . 6 . 7 . 177
Tree Nuts . Soy . Garlic . Onion

ADDITIONS

Seasonal Stir Fry
selected daily, served with brown rice and teriyaki sauce
GF . V
Soy . Garlic

Sautéed Broccoli with Garlic
GF . V 55 . 7 . 3 . 2 . 3 . 140
Garlic

Grilled Sustainable Fish of the Day*
salsa Veracruz
GF 199 . 4 . 22 . 10 . 1 . 171
Fish . Garlic . Onion

Grilled Faroe Island Salmon Fillet*
avocado chimichurri
GF 231 . 2 . 26 . 13 . 1 . 81
Fish . Garlic

Pomegranate Baby Carrots 🌱
aleppo, pomegranate molasses
GF . V 68 . 15 . 2 . tr . 4 . 169
None

Crispy Fingerling Potatoes
smashed with parmesan and garlic
GF 62 . 10 . 1 . 2 . 1 . 122
Milk . Garlic

Pan-Seared Jumbo Maine Scallops*
grilled corn pico, aji amarillo crema
GF 258 . 14 . 25 . 12 . 1 . 441
Shellfish . Milk . Onion . Garlic

Red Bird Farms Chicken
marinated with olive oil & fresh herbs
GF 215 . 1 . 25 . 11 . tr . 52
Garlic

Mediterranean Cous Cous
cucumber, cherry tomato, red onion roasted red peppers, parsley, mint
V 72 . 11 . 3 . 2 . 2 . 153
Wheat . Garlic . Onion

Cilantro-Lime Farro
V 69 . 14 . 2 . tr . 2 . 136
Wheat . Onion . Garlic

Gochujang Braised Short Ribs
apple carrot slaw and togarashi onion
GF 182 . 15 . 17 . 6 . 2 . 299
Soy . Sesame . Seeds . Onion . Garlic

Jerk-Style Roasted Chicken 🌱
guava-allspice glaze
GF 295 . 13 . 27 . 15 . 2 . 458
Soy . Onion . Garlic

Cacio e Pepe Gnudi
roasted wild mushrooms, ricotta cracked black pepper, and chives
113 . 11 . 5 . 6 . 1 . 115
Wheat . Milk . Egg . Onion

Turmeric Cauliflower Mash
GF 64 . 5 . 2 . 5 . 2 . 108
Milk

Chef’s Cuts*
steak, chicken, salmon, fish of the day or tofu grilled with salt and pepper

Butcher’s Block Feature*
chef’s choice grass-fed cut, chimichurri
GF 257 . 3 . 34 . 11 . 1 . 172
Onion . Garlic

Sautéed Spinach
crispy shallots and garlic
GF . V 45 . 4 . 3 . 2 . 2 . 138
Garlic . Onion

Carolina Gold Rice Perloo
okra and peppers
GF . V 73 . 16 . 2 . tr . 1 . 64
Garlic . Onion

Roasted Sweet Potato
GF . V 140 . 32 . 3 . tr . 5 . 56
None

Roasted Lamb Rack*
zaatar spice, honey labneh pistachio dukkah
GF 276 . 4 . 32 . 15 . 1 . 238
Tree Nuts . Milk . Sesame . Seeds

Roasted Asparagus
hemp-walnut crumble
GF 46 . 5 . 3 . 3 . 3 . 16
Tree Nuts . Milk . Seeds

Grilled Bok Choy
ginger, and tamari
GF . V 21 . 4 . 2 . tr . 1 . 122
Soy . Garlic . Onion

NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley) V = Vegan (contains no animal product. May contain honey.)

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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UNESCO

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MONTEREY BAY AQUARIUM SEAFOOD WATCH

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LOCALLY SOURCED VENDORS

- BARRIO BREAD** | Tucson, AZ | 2022 James Beard Award Winner
- BONITA BEAN CO** | Wilcox, AZ | Pinto Beans
- FIORE DI CAPRA** | Pomerene, AZ | Goat Cheese
- LA MESA** | Tucson, AZ | Tortillas
- HEARTQUIST HOLLOW FARM** | Winkelman, AZ | Grass-Fed Ground Beef
- HICKMAN’S FAMILY FARMS** | Buckeye, AZ | Eggs
- RAMONA FARMS** | Sacaton,AZ | Tepary Beans

JENWEY TEA

At Jenwey Tea, we don’t follow traditions — we redefine them. Our teas are designed with precision and purpose, blending the strength of ancient whole tea leaves with bold French florals, rare global herbs, and purposeful wellness botanicals.

ICED

Jenwey black | lychee green | hibiscus berry peach

HOT

Herbal

peppermint | CR citrus chamomile | immunity

Black

English breakfast | Lady Blue Earl Grey | vanilla spiced chai

Green

jasmine spring | matcha powder

SPECIALTY TEA DRINKS

chai tea latte | matcha latte

CAFFÈ UMBRIA COFFEE

Delicately sourced from around the world and domestically roasted in Seattle, WA, with Italian heritage.

- bizzarri medium-dark roast drip coffee
- mezzanotte decaf drip coffee
- cold brew coffee

SPECIALTY ITALIAN ESPRESSO americano | cappuccino | cortado | latte | traditional macchiato

BARISTA MILKS skim | reduced fat | half & half | almond | oat | coconut | soy | rice

HOUSEMADE COFFEE SYRUPS vanilla | caramel | mocha | brown sugar

BEVERAGES

SEASONAL STANDOUTS

Pears

Pears are an excellent source of potassium for heart health, carbs for energy, and fiber for satisfaction, good gut health, and better blood glucose management. 1 pear meets about 24% of daily fiber needs for women and about 16% of needs for men. In particular, pears are rich in prebiotic fiber, which nourishes beneficial gut bacteria.

Pomegranate

You'll find these unique red fruits growing around the resort grounds and adding delicious sweet flavor to some of our fall dishes too. Pomegranate is well known for its concentrated source of antioxidants such as anthocyanins. Research links pomegranate consumption to many health benefits, including supporting cognitive function.

GLOSSARY OF CULINARY TERMS

Gnudi

Delicate, pillowy dumplings made primarily from ricotta cheese, bound with flour and sometimes mixed with other ingredients like parmesan or herbs. They resemble the filling of ravioli without the pasta shell, resulting in a soft, creamy texture.

Nopales

The edible pads of the prickly pear cactus, known for their bright, slightly tart flavor and a soft, juicy texture.

Rillettes

A French preparation where meat or fish is slowly cooked, shredded, and mixed with fat or a binder to create a spreadable pâté-like texture, typically served on bread or crackers.

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DINNER

FALL | TUESDAY & FRIDAY



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BEGINNINGS

Harvest Beets & Bleu Cheese
roasted red beets, Belgium endive, whipped goat & bleu cheese, pear, toasted hazelnut
GF 179 . 20 . 6 . 8 . 4 . 264
Tree Nuts . Milk

Roasted Brussels & Esquites Salad
shaved Brussels sprouts, fire grilled corn, cotija cheese, chipotle dressing, and pickled onions
GF 138 . 20 . 5 . 6 . 5 . 148
Milk . Egg . Garlic . Onion

Oro Ensalada 🌱
chilled achiot shrimp, panca crab, carrot, romaine lettuce, pickled onions, radish, avocado tahini
GF 154 . 15 . 18 . 2 . 3 . 333
Shellfish . Onion . Garlic . Sesame . Seeds . Coconut

The Rachel Green Salad
quinoa, chickpeas, cucumber, sweet peppers red onion, fresh herbs, lemon juice, vegan feta
GF . V 199 . 19 . 7 . 11 . 4 . 298
Tree Nuts . Onion . Coconut

Steamed Edamame 🌱
yuzu-togarashi dipping sauce
GF . V 166 . 14 . 15 . 7 . 5 . 287
Soy . Sesame . Seeds . Garlic

Birria Dumplings
braised beef style birria, consommé, onion & cilantro, pickled fresno, tortilla crisps
170 . 19 . 15 . 4 . 3 . 350
Wheat . Egg . Garlic . Onion

Togarashi Crusted Tuna Tataki* 🌱
cucumber edamame salad, crispy ginger, scallions, yuzu, chili crisp
GF 195 . 20 . 22 . 3 . 3 . 326
Fish . Soy . Sesame . Seeds . Onion . Garlic

Soup of the Day
ask your server

Vegetarian Chili
GF . V 116 . 20 . 5 . 2 . 5 . 277
Garlic . Onion

Chicken Bone Broth
GF 28 . 1 . 2 . 1 . tr . 211
Onion

CHEF’S DAILY SELECTIONS

Tofu Katsu
crispy tofu paired with miso-glazed eggplant, sautéed Asian greens trio and roasted red pepper curry
GF . V 438 . 47 . 30 . 19 . 21 . 621
Soy . Coconut . Onion . Sesame . Seeds . Garlic

Gochujang Braised Short Ribs
slow-braised bison short ribs with grilled bok choy apple-carrot slaw, and a creamy cilantro-lime farro
379 . 41 . 30 . 11 . 7 . 670
Wheat . Soy . Onion . Sesame . Seeds . Garlic

Pan-Seared Jumbo Maine Scallops* GF
grilled corn pico, aji-amarillo crema, sweet potato roasted asparagus, walnut crumble
GF 384 . 42 . 30 . 12 . 7 . 524
Shellfish . Milk . Onion . Garlic

VAQUERO ACTION STATION

PHO + CHEF’S SPOTLIGHT - Pineapple Shrimp Fried Rice

Build your own bowl of fragrant and flavorful pho with your choice of proteins, vegetables, and garnishes.

CRAFT YOUR OWN DISH

Savor a variety of flavors and create a plate tailored to your taste and nutritional needs.

PROTEINS

Tofu Katsu
roasted red pepper curry
GF . V 191 . 17 . 15 . 8 . 8 . 199
Soy . Coconut . Onion

Grilled Eggplant Cannelloni
plant-based ricotta and lentil bolognese
GF . V 187 . 24 . 17 . 6 . 7 . 177
Tree Nuts . Soy . Garlic . Onion

ADDITIONS

Seasonal Stir Fry
selected daily, served with brown rice and teriyaki sauce
GF . V
Soy . Garlic

Sautéed Broccoli with Garlic
GF . V 55 . 7 . 3 . 2 . 3 . 140
Garlic

Grilled Sustainable Fish of the Day*
salsa Veracruz
GF 199 . 4 . 22 . 10 . 1 . 171
Fish . Garlic . Onion

Grilled Faroe Island Salmon Fillet*
avocado chimichurri
GF 231 . 2 . 26 . 13 . 1 . 81
Fish . Garlic

Pomegranate Baby Carrots 🌱
aleppo, pomegranate molasses
GF . V 68 . 15 . 2 . tr . 4 . 169
None

Crispy Fingerling Potatoes
smashed with parmesan and garlic
GF 62 . 10 . 1 . 2 . 1 . 122
Milk . Garlic

Pan-Seared Jumbo Maine Scallops*
grilled corn pico, aji amarillo crema
GF 258 . 14 . 25 . 12 . 1 . 441
Shellfish . Milk . Onion . Garlic

Red Bird Farms Chicken
marinated with olive oil & fresh herbs
GF 215 . 1 . 25 . 11 . tr . 52
Garlic

Mediterranean Cous Cous
cucumber, cherry tomato, red onion roasted red peppers, parsley, mint
V 72 . 11 . 3 . 2 . 2 . 153
Wheat . Garlic . Onion

Cilantro-Lime Farro
V 69 . 14 . 2 . tr . 2 . 136
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Gochujang Braised Short Ribs
apple carrot slaw and togarashi onion
GF 182 . 15 . 17 . 6 . 2 . 299
Soy . Sesame . Seeds . Onion . Garlic

Jerk-Style Roasted Chicken 🌱
guava-allspice glaze
GF 295 . 13 . 27 . 15 . 2 . 458
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Cacio e Pepe Gnudi
roasted wild mushrooms, ricotta cracked black pepper, and chives
113 . 11 . 5 . 6 . 1 . 115
Wheat . Milk . Egg . Onion

Turmeric Cauliflower Mash
GF 64 . 5 . 2 . 5 . 2 . 108
Milk

Chef’s Cuts*
steak, chicken, salmon, fish of the day or tofu grilled with salt and pepper

Butcher’s Block Feature*
chef’s choice grass-fed cut, chimichurri
GF 257 . 3 . 34 . 11 . 1 . 172
Onion . Garlic

Sautéed Spinach
crispy shallots and garlic
GF . V 45 . 4 . 3 . 2 . 2 . 138
Garlic . Onion

Carolina Gold Rice Perloo
okra and peppers
GF . V 73 . 16 . 2 . tr . 1 . 64
Garlic . Onion

Roasted Sweet Potato
GF . V 140 . 32 . 3 . tr . 5 . 56
None

Roasted Lamb Rack*
zaatar spice, honey labneh pistachio dukkah
GF 276 . 4 . 32 . 15 . 1 . 238
Tree Nuts . Milk . Sesame . Seeds

Roasted Asparagus
hemp-walnut crumble
GF 46 . 5 . 3 . 3 . 3 . 16
Tree Nuts . Milk . Seeds

Grilled Bok Choy
ginger, and tamari
GF . V 21 . 4 . 2 . tr . 1 . 122
Soy . Garlic . Onion

NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley) V = Vegan (contains no animal product. May contain honey.)

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BONITA BEAN CO | Wilcox, AZ | Pinto Beans
FIORE DI CAPRA | Pomerene, AZ | Goat Cheese
LA MESA | Tucson, AZ | Tortillas
HEARTQUIST HOLLOW FARM | Winkelman, AZ | Grass-Fed Ground Beef
HICKMAN’S FAMILY FARMS | Buckeye, AZ | Eggs
RAMONA FARMS | Sacaton, AZ | Tepary Beans

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ICED

Jenwey black | lychee green | hibiscus berry peach

HOT

Herbal

peppermint | CR citrus chamomile | immunity

Black

English breakfast | Lady Blue Earl Grey | vanilla spiced chai

Green

jasmine spring | matcha powder

SPECIALTY TEA DRINKS

chai tea latte | matcha latte

CAFFÈ UMBRIA COFFEE

Delicately sourced from around the world and domestically roasted in Seattle, WA, with Italian heritage.

- bizzarri medium-dark roast drip coffee
- mezzanotte decaf drip coffee
- cold brew coffee

SPECIALTY ITALIAN ESPRESSO americano | cappuccino | cortado | latte | traditional macchiato

BARISTA MILKS skim | reduced fat | half & half | almond | oat | coconut | soy | rice

HOUSEMADE COFFEE SYRUPS vanilla | caramel | mocha | brown sugar

BEVERAGES

SEASONAL STANDOUTS

Brussels Sprouts

As a member of the cruciferous family of vegetables, Brussels sprouts are an excellent source of natural compounds that protect cell health and may even help fight cancer. In our autumn-inspired dishes we deeply caramelize them to help bring out their sweet and savory side. We hope you enjoy them.

Corn

Tucson sits in the heart of a region with a rich history of growing and celebrating this staple food source. We bring corn to our menus to continue this regional tradition and to nourish the body with sustaining and energizing carbohydrates.

GLOSSARY OF CULINARY TERMS

Gochujang

A Korean fermented chili paste made from red chili peppers, glutinous rice, soybeans, and salt. It has a bold, savory heat with a touch of sweetness and umami.

Panca

A Peruvian red chile pepper that is dried and often ground or made into a paste, valued for its mild heat and deep, fruity, smoky flavor.

Yuzu

A citrus fruit originating from East Asia. It has a tart and aromatic flavor, similar to a combination of grapefruit, lemon, and mandarin orange.

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DINNER

FALL | WEDNESDAY & SATURDAY



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BEGINNINGS

Oro Ensalada 🌱
chilled achiote shrimp, panca crab, carrot, romaine lettuce, pickled onions, radish, avocado tahini
GF 154 . 15 . 18 . 2 . 3 . 333
Shellfish . Onion . Garlic . Sesame . Seeds . Coconut

Harvest Beets & Bleu Cheese
roasted red beets, Belgium endive, whipped goat & bleu cheese, pear, toasted hazelnut
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Tree Nuts . Milk

Roasted Brussels & Esquites Salad
shaved Brussels sprouts, fire grilled corn, cotija cheese, chipotle dressing, and pickled onions
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quinoa, chickpeas, cucumber, sweet peppers red onion, fresh herbs, lemon juice, vegan feta
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Steamed Edamame 🌱
yuzu-togarashi dipping sauce
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Soy . Sesame . Seeds . Garlic

Prickly Pear Glazed Albondigas
grass-fed beef and chicken chorizo meatballs roasted peppers & nopales, cotija cheese
GF 181 . 20 . 14 . 6 . 3 . 246
Milk . Egg . Garlic . Onion

Crab Tostada 🌱
lump crab, key lime mustard, radish
grilled corn pico
GF 163 . 20 . 7 . 7 . 3 . 139
Shellfish . Egg . Garlic . Onion

Soup of the Day
ask your server

Vegetarian Chili
GF . V 116 . 20 . 5 . 2 . 5 . 277
Garlic . Onion

Chicken Bone Broth
GF 28 . 1 . 2 . 1 . tr . 211
Onion

CHEF’S DAILY SELECTIONS

Black Bean Noodle Pad Thai
black bean fettuccini, crispy tofu, carrots onions, tangy chili peanut sauce, toasted peanuts
GF . V 489 . 60 . 37 . 16 . 22 . 418
Peanuts . Soy . Garlic . Onion

Rustler Steak Dinner*
butcher block feature, crispy fingerlings potatoes pomegranate glazed carrots, cauliflower mash
GF 491 . 40 . 39 . 20 . 9 . 673
Milk . Onion . Garlic

Seared Salmon Ala Brassa*
pomegranate-glazed carrots
Carolina gold rice perloo
GF 411 . 45 . 30 . 12 . 8 . 681
Fish . Soy . Garlic . Onion

VAQUERO ACTION STATION

CURRY + CHEF’S SPOTLIGHT - Goan Fish Curry with Chef’s Choice Market Catch

Visit the Vaquero Action Station to savor aromatic curries crafted with vibrant spices, seasonal vegetables, and your choice of protein.

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roasted red pepper curry
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salsa Veracruz
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steak, chicken, salmon, fish of the day or tofu grilled with salt and pepper

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chef’s choice grass-fed cut, chimichurri
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LOCALLY SOURCED VENDORS

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FIORE DI CAPRA | Pomerene, AZ | Goat Cheese
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ICED

Jenwey black | lychee green | hibiscus berry peach

HOT

Herbal

peppermint | CR citrus chamomile | immunity

Black

English breakfast | Lady Blue Earl Grey | vanilla spiced chai

Green

jasmine spring | matcha powder

SPECIALTY TEA DRINKS

chai tea latte | matcha latte

CAFFÈ UMBRIA COFFEE

Delicately sourced from around the world and domestically roasted in Seattle, WA, with Italian heritage.

- bizzarri medium-dark roast drip coffee
- mezzanotte decaf drip coffee
- cold brew coffee

SPECIALTY ITALIAN ESPRESSO americano | cappuccino | cortado | latte | traditional macchiato

BARISTA MILKS skim | reduced fat | half & half | almond | oat | coconut | soy | rice

HOUSEMADE COFFEE SYRUPS vanilla | caramel | mocha | brown sugar

BEVERAGES

SEASONAL STANDOUTS

Peppers

The Southwest is home to a wide variety of peppers, from sweet bells to fiery chilies. We love incorporating all types of peppers in our dishes for their varied, complex flavors that provide a delicious taste of place. Their rich vitamin C and antioxidant content boosts the nutrition of any dish they are part of.

Salmon

We love featuring salmon on our menus as it is uniquely high in omega-3 fats and protein. The omega-3 fats in salmon support brain health, cardiovascular function and have anti-inflammatory benefits. Salmon is rich in high-quality protein essential for building and maintaining strong muscle. It also helps better manage blood glucose while keeping us satiated.

GLOSSARY OF CULINARY TERMS

Katsu

A Japanese dish featuring breaded and pan-fried tofu or meat, served with a flavorful sauce.

Perloo

A Southern rice dish, especially common in the Carolinas, made by simmering rice with seasoned stock, vegetables, and meats or seafood, similar to a pilaf or jambalaya.

Togarashi

A Japanese chili pepper blend, often called shichimi togarashi (“seven-flavor chili”), made with ground chili, sesame seeds, citrus peel, seaweed, and spices, adding heat and bright, zesty flavor.

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Canyon Ranch maintains some of the most rigorous nutritional standards in the industry. Nutrition information for each item is always available upon request. Interested in building a personalized plan for your dietary goals? Ask our team about connecting you with a nutritionist.

DINNER

FALL | SUNDAY



See over 500 recipes on our Nourish blog.



BEGINNINGS

Harvest Beets & Bleu Cheese
roasted red beets, Belgium endive, whipped goat & bleu cheese, pear, toasted hazelnut
GF 179 . 20 . 6 . 8 . 4 . 264
Tree Nuts . Milk

Roasted Brussels & Esquites Salad
shaved Brussels sprouts, fire grilled corn, cotija cheese, chipotle dressing, and pickled onions
GF 138 . 20 . 5 . 6 . 5 . 148
Milk . Egg . Garlic . Onion

Oro Ensalada
chilled achiote shrimp, panca crab, carrot, romaine lettuce, pickled onions, radish, avocado tahini
GF 154 . 15 . 18 . 2 . 3 . 333
Shellfish . Onion . Garlic . Sesame . Seeds . Coconut

The Rachel Green Salad
quinoa, chickpeas, cucumber, sweet peppers
red onion, fresh herbs, lemon juice, vegan feta
GF . V 199 . 19 . 7 . 11 . 4 . 298
Tree Nuts . Onion . Coconut

Steamed Edamame
yuzu-togarashi dipping sauce
GF . V 166 . 14 . 15 . 7 . 5 . 287
Soy . Sesame . Seeds . Garlic

Faroe Island Salmon Ceviche*
delicate salmon marinated in leche de tigre with black tahini aioli and puffed rice chips
GF 199 . 18 . 14 . 8 . 3 . 192
Fish . Soy . Egg . Sesame . Seeds . Garlic . Onion

Shishito Toreados
blistered shishito, caramelized onions
yuzu togarashi, lime, toasted cashew
GF . V 132 . 20 . 5 . 5 . 3 . 268
Tree Nuts . Soy . Sesame . Seeds . Garlic . Onion

Soup of the Day
ask your server

Vegetarian Chili
GF . V 116 . 20 . 5 . 2 . 5 . 277
Garlic . Onion

Chicken Bone Broth
GF 28 . 1 . 2 . 1 . tr . 211
Onion

CHEF’S DAILY SELECTIONS

Black Bean Noodle Pad Thai
black bean fettuccini, crispy tofu, carrots
onions, tangy chili peanut sauce, toasted peanuts
GF . V 489 . 60 . 37 . 16 . 22 . 418
Peanuts . Soy . Garlic . Onion

Lobster & Black Pepper Gnudi
Maine lobster paired with roasted wild mushrooms, black pepper gnudi and broccoli sautéed with garlic
401 . 40 . 31 . 14 . 9 . 733
Shellfish . Wheat . Milk . Egg . Garlic

Sundried Tomato Chicken Roulade
spinach, lemon orzo, with garlicy asparagus
tomato dill sauce, feta cheese
499 . 53 . 38 . 17 . 8 . 442
Wheat . Milk . Garlic . Onion

VAQUERO ACTION STATION

RISOTTO + CHEF’S SPOTLIGHT - Roasted Leg of Lamb
Visit the Vaquero Action Station to create your perfect risotto, where creamy arborio rice meets your choice of seasonal ingredients.

CRAFT YOUR OWN DISH

Savor a variety of flavors and create a plate tailored to your taste and nutritional needs.

PROTEINS

Tofu Katsu
roasted red pepper curry
GF . V 191 . 17 . 15 . 8 . 8 . 199
Soy . Coconut . Onion

Grilled Eggplant Cannelloni
plant-based ricotta and lentil bolognese
GF . V 187 . 24 . 17 . 6 . 7 . 177
Tree Nuts . Soy . Garlic . Onion

ADDITIONS

Seasonal Stir Fry
selected daily, served with brown rice and teriyaki sauce
GF . V
Soy . Garlic

Sautéed Broccoli with Garlic
GF . V 55 . 7 . 3 . 2 . 3 . 140
Garlic

Grilled Sustainable Fish of the Day*
salsa Veracruz
GF 199 . 4 . 22 . 10 . 1 . 171
Fish . Garlic . Onion

Grilled Faroe Island Salmon Fillet*
avocado chimichurri
GF 231 . 2 . 26 . 13 . 1 . 81
Fish . Garlic

Pomegranate Baby Carrots
aleppo, pomegranate molasses
GF . V 68 . 15 . 2 . tr . 4 . 169
None

Crispy Fingerling Potatoes
smashed with parmesan and garlic
GF 62 . 10 . 1 . 2 . 1 . 122
Milk . Garlic

Pan-Seared Jumbo Maine Scallops*
grilled corn pico, aji amarillo crema
GF 258 . 14 . 25 . 12 . 1 . 441
Shellfish . Milk . Onion . Garlic

Red Bird Farms Chicken
marinated with olive oil & fresh herbs
GF 215 . 1 . 25 . 11 . tr . 52
Garlic

Mediterranean Cous Cous
cucumber, cherry tomato, red onion
roasted red peppers, parsley, mint
V 72 . 11 . 3 . 2 . 2 . 153
Wheat . Garlic . Onion

Cilantro-Lime Farro
V 69 . 14 . 2 . tr . 2 . 136
Wheat . Onion . Garlic

Gochujang Braised Short Ribs
apple carrot slaw and togarashi onion
GF 182 . 15 . 17 . 6 . 2 . 299
Soy . Sesame . Seeds . Onion . Garlic

Jerk-Style Roasted Chicken
guava-allspice glaze
GF 295 . 13 . 27 . 15 . 2 . 458
Soy . Onion . Garlic

Cacio e Pepe Gnudi
roasted wild mushrooms, ricotta
cracked black pepper, and chives
113 . 11 . 5 . 6 . 1 . 115
Wheat . Milk . Egg . Onion

Turmeric Cauliflower Mash
GF 64 . 5 . 2 . 5 . 2 . 108
Milk

Chef’s Cuts*
steak, chicken, salmon, fish of the day
or tofu grilled with salt and pepper

Butcher’s Block Feature*
chef’s choice grass-fed cut, chimichurri
GF 257 . 3 . 34 . 11 . 1 . 172
Onion . Garlic

Sautéed Spinach
crispy shallots and garlic
GF . V 45 . 4 . 3 . 2 . 2 . 138
Garlic . Onion

Carolina Gold Rice Perloo
okra and peppers
GF . V 73 . 16 . 2 . tr . 1 . 64
Garlic . Onion

Roasted Sweet Potato
GF . V 140 . 32 . 3 . tr . 5 . 56
None

Roasted Lamb Rack*
zaatar spice, honey labneh
pistachio dukkah
GF 276 . 4 . 32 . 15 . 1 . 238
Tree Nuts . Milk . Sesame . Seeds

Roasted Asparagus
hemp-walnut crumble
GF 46 . 5 . 3 . 3 . 3 . 16
Tree Nuts . Milk . Seeds

Grilled Bok Choy
ginger, and tamari
GF . V 21 . 4 . 2 . tr . 1 . 122
Soy . Garlic . Onion

NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley) V = Vegan (contains no animal product. May contain honey.)

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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SEASONAL STANDOUTS

Broccoli

Did you know that 1 cup of broccoli has more vitamin C than an orange? Broccoli is also rich in cancer-fighting compounds called glucosinolates and is a great source of prebiotic fiber. Fiber that is prebiotic acts as food for beneficial gut microbes, or the microbiota. Getting enough prebiotic fiber through foods like broccoli is important for a healthy, robust, and diverse gut microbial community.

Mushrooms

Mushrooms are low in energy and macronutrients but high in non-caloric plant compounds that are associated with antioxidant, anti-cancer, and anti-inflammatory benefits. Mushrooms contain glutamate, an amino acid that provides rich, savory flavor to dishes. We love using mushrooms to infuse that savory umami flavor, especially in plant-based dishes that may not contain other appetizing flavors that naturally come from meat, poultry, and seafood.

GLOSSARY OF CULINARY TERMS

Esquites

A popular Mexican street food made with kernels of corn sautéed or boiled and served in a cup with lime, chili, salt, and often mayonnaise or cheese.

Leche de Tigre

A zesty, citrus-based marinade used in Peruvian cuisine, particularly for ceviche. Made with lime juice, garlic, ginger, cilantro, onions, chili peppers, and fish juices, it’s known for its bright, tangy, and slightly spicy flavor.

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