



DESSERT OF THE DAY

Banoffee Panna Cotta
GF 174 . 18 . 3 . 10 . 2 . 60
Milk . Seeds

Pineapple Coconut Cake
V 163 . 24 . 3 . 7 . 2 . 150
Tree Nuts . Wheat . Soy . Seeds . Coconut

Spiced Apple Financier
195 . 23 . 3 . 10 . 2 . 34
Tree Nuts . Wheat . Milk . Egg . Seeds

Strawberry Tres Leches
GF 189 . 22 . 6 . 9 . 2 . 140
Tree Nuts . Milk . Egg . Seeds

Sweet Potato Chocolate Mousse
GF . V 95 . 13 . 1 . 5 . 2 . 62
Soy . Coconut . Seeds

COOKIES

Almond Macaroon
GF 174 . 26 . 2 . 7 . 1 . 8
Egg . Tree Nuts

Chocolate Chip
170 . 26 . 2 . 7 . 1 . 124
Milk . Egg . Wheat

Coconut Macaroon
GF 125 . 14 . 7 . 1 . tr . 35
Egg . Coconut

Double Chocolate Mint Chip
170 . 26 . 3 . 7 . 1 . 117
Milk . Egg . Wheat

Oatmeal Cranberry Chocolate Chip
GF 160 . 25 . 3 . 6 . 2 . 103
Milk . Egg

Oatmeal Raisin
GF 155 . 23 . 3 . 5 . 2 . 110
Milk . Egg

Peanut Butter
138 . 18 . 4 . 6 . 1 . 197
Peanuts . Wheat . Milk . Egg

Snickerdoodle
175 . 17 . 3 . 6 . 1 . 139
Milk . Egg . Wheat

Triple Ginger
160 . 29 . 2 . 4 . 1 . 141
Milk . Egg . Wheat

ICE CREAM

Coffee Ice Cream
GF 89 . 15 . 3 . 2 . tr . 46
Milk

Mango Coconut Ice Cream with Chamoy
GF . V 84 . 14 . tr . 1 . tr . 9
Coconut

Orange Creamsicle Ice Cream
GF 45 . 8 . 2 . tr . tr . 35
Milk

Sonoran Chocolate Coconut Ice Cream
GF . V 84 . 13 . tr . 4 . 1 . 16
Coconut

Vanilla Ice Cream
GF 70 . 13 . 3 . 1 . tr . 43
Milk

White Peach and Honey Ice Cream
GF . V 90 . 16 . 1 . 1 . tr . 11
Tree Nuts . Coconut

SORBET

Guava Sorbet
GF . V 35 . 9 . tr . tr . tr . 5
None

Prickly Pear Sorbet
GF . V 43 . 11 . tr . tr . 1 . 5
None

Watermelon and Yuzu Sorbet
GF . V 88 . 23 . tr . tr . tr . 5
None

DESSERT

NUTRIENT ANALYSIS

Calories . carb grams . protein grams . fat grams . fiber grams . sodium mg

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley)

V = Vegan (contains no animal product. May contain honey.)

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



See over 500 recipes on our Nourish blog.