

STARTERS

Wedge Salad

baby iceberg, crispy bacon, pickled red onion
tomato, jalapeno ranch dressing
GF 1162 . 24 . 7 . 117 . 6 . 799
Milk . Egg . Soy . Onion . Garlic

Classic Caesar Salad

roma crunch, grana padano, sourdough croutons
Wheat . Fish . Milk

Add a Protein

grilled chicken or shrimp are
available to add to your salad

Cucumber & Grape Gazpacho

marcona almonds, olive oil, basil
GF . V
Tree Nuts

Shrimp Cocktail

old bay poached jumbo shrimp
classic cocktail sauce
GF 243 . 12 . 36 . 5 . tr . 896
Shellfish . Soy . Onion . Garlic

Spring Pea Guacamole

jalapeno, scallion, cilantro
GF . V 253 . 19 . 6 . 19 . 10 . 523
Onion . Seeds

SANDWICHES

Maine Lobster Roll

tarragon mayo, celery, lemon, brioche
280 . 37 . 21 . 5 . 3 . 652
Shellfish . Wheat . Egg . Onion

Grilled Chicken Sandwich

chicken breast, basil mayo, tomato, avocado, house-made bun
Wheat . Egg

CR Smash Burger*

beef patty, cheddar cheese, basil mayo, romaine, tomato, house-made bun
Wheat . Milk . Egg

DESSERT

Brookie Ice Cream Sandwich

brownie cookie, vanilla ice cream
Wheat . Milk . Egg

LUNCH



BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY

NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg tr = trace (less than 1 gram)

GF = Gluten-Free (no wheat, rye, or barley) V = Vegan (contains no animal product. May contain honey.)

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

We are very proud to be a partner with Monterey Bay Aquarium's Seafood Watch Program! Seafood Watch engages and empowers consumers and businesses to purchase seafood that is fished or farmed in ways that minimize their impact on the environment. We purchase exclusively sustainably farmed or sustainably caught seafood. Check out seafoodwatch.org.



See over 500 recipes
on our Nourish blog.

SPRITZERS

- Honey Lemon

sparkling water with
fresh lemon & a hint
of honey
- Tart Cherry
- Pomegranate
- Cranberry

RISHI TEA

Organic & Direct Trade

SPARKLING BOTANICALS

grapefruit quince | dandelion ginger

WINE BY THE GLASS

- PROSECCO, VILLA MARCO

\$15 GLASS

crisp with notes of pear and lemon
- ROSE, WOLFFER ESTATE, SUMMER IN A BOTTLE 2024

\$15 GLASS

aromas of citrus, tangerine, peach and floral notes, vibrant
fruit taste and long, elegant finish
- SANCERRE, DOM. DES GROSSES PIERRES 2024

\$20 GLASS

crisp and refreshing with notes of lemon, grapefruit,
green apple, minerality
- REISLING, DR. LOOSEN 2022

\$15 GLASS

off-dry, bright and refreshing, with aromas of citrus,
apricot and mineral notes
- PINOT NOIR, ILLAHE 2022

\$15 GLASS

notes of ripe plum, nutmeg, vanilla bean and spiced dark fruits

BEER

- BERKSHIRE MOUNTAIN BREWING COMPANY

\$7

Danedlion Haze IPA
- ATHLEIC BREWING COMPANY NA

\$7

BEVERAGES

