

CANYON RANCH®

WOODSIDE

STARTERS

Seasonal Soups

GF . V

Avocado Tartine

pickled shallots, cotija cheese, tomato

Veg 116 . 15 . 3 . 6 . 3 . 347

Shrimp Tartine

hard-boiled egg, aioli, caper-parsley sauce

DF 180 . 19 . 13 . 6 . 4 . 213

Truffle Burrata Tartine

burrata cheese, pear, truffle salt

Veg 166 . 20 . 6 . 5 . 3 . 101

Smoked Salmon Tostada

avocado salsa verde, radish, cilantro

pickled shallots

GF . DF 131 . 15 . 6 . 6 . 3 . 252

Baby Kale & Strawberry Salad

balsamic dressing, candied walnuts

shaved manchego cheese

GF . Veg . Nuts 192 . 20 . 8 . 10 . 5 . 161

Woodside Mezze Plate

Tirokafteri dip, seasonal veggies

endive, olive tapenade, pita bread

Veg 125 . 19 . 3 . 4 . 3 . 331

MAINS

Vegan BBQ Plate

smoked maitake mushrooms, tofu

baked beans, slaw, pepper corn bread

GF . V . Nuts 494 . 58 . 30 . 18 . 13 . 453

Greek Pita Chicken Sandwich

cucumber, tomato, red onion, tapenade

feta cheese, pistachios, potatoes

Nuts 469 . 58 . 33 . 11 . 7 . 464

Pan-Roasted Daily Fish*

ribollita stew, tomato, squash

potatoes, tofu, almonds, parsley verde

GF . DF 462 . 40 . 30 . 20 . 10 . 498

Marin Sun Farms Steak*

sweet potato puree, bleu cheese

kale, cipollini onions

GF 406 . 43 . 31 . 14 . 10 . 432

SIDES

Daily Vegetable

caper dressing

GF . V

Blistered Brussels Sprouts

balsamic reduction, togarashi spice

GF . V 68 . 14 . 4 . 1 . 6 . 30

House Pickles & Ferments

GF . V 8 . 1 . tr . tr . tr . 38

LUNCH



DESSERTS

Seasonal Fruit

GF . V 73 . 17 . 2 . tr . 6 . 11

Tahini Chocolate Chip Blondie

GF 191 . 23 . 4 . 10 . 2 . 74

Daily Dessert

Veg

NUTRIENT ANALYSIS

calories . carb grams . protein grams . fat grams . fiber grams . sodium mg

PLEASE INFORM YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES

GF = Gluten-Free (no wheat, rye, or barley)

DF = Dairy-Free

V = Vegan (contains no animal product. May contain honey.)

Veg = Vegetarian

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

We are very proud to be a partner with Monterey Bay Aquarium's Seafood Watch Program! Seafood Watch engages and empowers consumers and businesses to purchase seafood that is fished or farmed in ways that minimize their impact on the environment. We purchase exclusively sustainably farmed or sustainably caught seafood. Check out seafoodwatch.org.



See over 500 recipes
on our Nourish Blog.

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burrata cheese, pear, truffle salt

Veg 166 . 20 . 6 . 5 . 3 . 101

Smoked Salmon Tostada

avocado salsa verde, radish, cilantro

pickled shallots

GF . DF 131 . 15 . 6 . 6 . 3 . 252

Spring Mixed Green Salad

stone fruit, cucumber, tomato

sherry dressing

GF . V 172 . 15 . 2 . 12 . 3 . 342

Beet & Feta Salad

shaved fennel, tomato, cucumber

garbanzos, sherry dressing, mint

GF . Veg 138 . 17 . 5 . 6 . 5 . 164

MAINS

Korean Tofu Sandwich

pickled daikon, gochujang tofu

sourdough bread, kale salad

V 499 . 57 . 30 . 19 . 8 . 583

Chinese Chicken Salad

cabbage, carrots, peppers, cilantro, scallions

potatoes, tahini dressing, crispy wontons

GF . DF 473 . 47 . 36 . 18 . 8 . 362

Seasonal Poke*

brown rice, kimchee, edamame, cucumber

pickled ginger, radish, tamari dressing

GF . DF 496 . 59 . 35 . 14 . 7 . 748

Marin Sun Farms Steak*

brown rice, broccoli, tamari

sesame seeds

GF . DF 455 . 57 . 32 . 12 . 7 . 151

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balsamic reduction, togarashi spice

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10/24/B